

## 2018-2019 MESSAGE FROM THE NURSE

### District Nurse:

Kris Youngman R.N., M.S.

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### Health Technician:

Stephanie O'Callaghan

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Dear Parent/Guardian:

Our goal is to provide a healthy and safe school environment and to accommodate any special medical needs your student may have or develop during the school year. In order to insure appropriate and efficient communication please inform the main office of any changes in phone numbers, addresses or emergency contacts during the year. **Please be sure to include the names and contact numbers of any trusted adults who can retrieve your child from school in the event you are not available.**

### SPECIAL MEDICAL NEEDS:

- If your student's health needs require special accommodations (i.e. **asthma, allergies, diabetes, etc.**) please contact the nurse or main office as soon as possible so we can formulate an individualized health plan for them.
- Teachers and coaches will be notified of any special health care needs of your child that we are aware of that will require special training (ie. Epi-Pen, glucagon or other medication administration) or that may impact them during school.
- **If your student develops any health issues that may interfere with school attendance or school work please notify the District Nurse ASAP so accommodations can be sought and you can avoid truancy issues.**

### SCHOOL MEDICATION POLICY:

- Any student who is required to take medication **during school hours** or **school related activities (i.e. field trips- especially overnight ones)** must have the "Medication Required during School Hours" form completed ***annually*** by both a physician and parent. These forms are available on the school web site or in the main office.
- **A student may not carry any medication, including over the counter medications, while on campus.** If a student requires medications for emergency medical issues (inhaler, diabetic supplies or epi-pen for allergies) he/she may carry them with physician, parent and school nurse approval.

### FIELD TRIP POLICY:

- No medications (prescription or non-prescription) may be brought on a field trip without the "Medication Required during School Hours" form completed by the parent and doctor. The student may carry and self-administer his own medications while on a field trip **with permission of both the doctor and the school nurse.** **Some medications, such as narcotics, must be given by trained school personnel.**
- **We strongly suggest that you provide the completed medication forms to the office at the beginning of the year so that it does not create an issue with field trip participation or attendance.**

**IMMUNIZATIONS:** Please make sure your student's vaccinations are current. **You must have a copy of your immunization record available at enrollment.** We also highly recommend that you ask your physician about the adolescent vaccines for meningitis and HPV. Your student will not be allowed to attend school without the required immunizations—a signed waiver is only valid if it was signed before January 1<sup>st</sup>, 2016 and the waivers must accompany the vaccine records.

**SCREENINGS:** Vision, hearing and dental screenings may be done during the school year. Please submit a note in writing if you do not wish your student to be screened.

**HAND WASHING:** Students will have a much healthier school year if they wash their hands and/or use hand sanitizer 3-4 times during their school day.

We hope this is a safe and healthy year for your student. Please call us if you have any questions at 906-5319, or the Main Office at 268-3700.